

***Katherine Esquivel, MS, LPC***  
Licensed Professional Counselor, 90147  
4130 Bellaire Boulevard, #208, Houston, TX 77025  
(713) 993-7030 | [katherine.esquivel@theconativegroup.com](mailto:katherine.esquivel@theconativegroup.com) | [info@theconativegroup.com](mailto:info@theconativegroup.com)

## Patient Intake Form

Today's Date: \_\_\_\_\_

### Personal Information

Patient's name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address:

\_\_\_\_\_  
Street Apt #

\_\_\_\_\_  
City State Zip code

Primary phone: \_\_\_\_\_ Email: \_\_\_\_\_

Employer or school name: \_\_\_\_\_

Highest level of education completed or current grade/major/field: \_\_\_\_\_

Emergency contact name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency contact phone: \_\_\_\_\_

Referral's name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Are you currently covered by Medicaid or Medicare?: \_\_\_\_\_

### Family Information

Marital status: \_\_\_\_\_

Dates of marriage, divorce, death of spouse, etc.:  
\_\_\_\_\_

People currently living in household (names/ages/relationships):

---

---

Current partner name (if relevant): \_\_\_\_\_ Age: \_\_\_\_\_

History of relevant family events/stressors (e.g., adoptions, divorces, deaths, substance abuse):

---

---

---

Biological family history of psychological issues (e.g., ADHD in sibling, bipolar disorder in uncle):

---

---

**Medical Information**

Physician's name: \_\_\_\_\_ Phone: \_\_\_\_\_

Reason for most recent visit: \_\_\_\_\_ Date of visit: \_\_\_\_\_

Current medical condition(s):

---

---

---

Current medications (name, dose, frequency):

---

---

---

**Lifestyle Information**

Current alcohol or drug use (type/frequency/duration at such frequency):

---

---

Previous alcohol or drug use (type/frequency/duration at such frequency):

---

---

**Primary Concerns**

Briefly describe the problems or concerns that bring you here today:

---

---

---

---

---

---

---

---

**Previous Services**

List previous therapies, treatment, tutoring, academic accommodations, hospitalizations, etc. (including any substance use treatment).

Therapist's name/agency/hospital:

Dates or ages when received:

<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>

***Your signature below indicates that you consent to treatment (see more details in Patient Services Agreement).***

Patient's printed name: \_\_\_\_\_

Patient's signature: \_\_\_\_\_ Date: \_\_\_\_\_